You have a lot of questions...

What is going to happen now? Do I want to introduce legal steps? What will happen with the children? What will I do, if my partner becomes violent again?

Ask for support and advice! The following institutions offer you advice, information and assistance:

Frauenhaus Herne
 0 23 25 / 4 98 75

- Schattenlicht Beratungs-und Kontaktstelle f
 ür Frauen und M
 ädchen
 0 23 23 / 98 11 98
- Polizeipräsidium Bochum Opferschutzbeauftragte
 0 23 4 / 9 09 40 59

 Stadt Herne
Beratungsstelle für Kinder, Jugendliche
und Eltern
🖀 0 23 23 / 16 36 40

- Gleichstellungsstelle der Stadt Herne
 0 23 23 / 16 22 05
- Weißer Ring
 23 23 / 94 43 35
- Kirchenkreis Herne Beratungsstelle für Migrantinnen
 0 23 23 / 9 94 97 19
- RAA (Gürkan Ucan)
 0 23 25 / 65 89-313



gerordert vom: Ministerium für Generationen, Familie, Frauen und Integration des Landes Nordrhein-Westfalen





egen stadt It in Herne Gleichste



You are living together with a partner, who is violent to you or threatens you...

The situation of violence, which you experience, is no exception!

Maltreatments, brutality and violence happen more commonly in relationships and partnerships than assumed. In most of the known cases the violence come from men and the victims are mainly wives and children.

A person, who hit a different person once, will do it again. Violent relationships often endure years.

If you are actually threatened by violence...

Call the police emergency call 110! Possibly neighbours or witnesses inform the police.

When the police have arrived, you can decide, if you want to stay in the flat or if you want to go into a women's refuge.

You want to stay in the flat...

In this case the police will expel the culprit from the flat. Your violent partner is not allowed to enter the flat for the time being 10 days. The observance of this ban will be checked by the police at least once.

If the culprit does not observe the ban, call the police immediately.

You want to go to a women's refuge...

The police can help you with the admission in a women's refuge. You can turn to the women's refuge and talk to an employee. Of course you can be admitted to the women's refuge together with your children.

Women's refuge Herne 0 23 25 / 4 98 75

The new violence protection law...

This law gives you possibilities of protection, which you can apply for at the county court (Legal petition office). For your protection the court can pronounce the following bans:

- The violent partner is still not allowed to enter the flat
- The partner is not allowed to approach you or the flat to certain vicinity
- The partner is not allowed to go to places, where you stay regularly (e.g. place of work, kinder garden, school, leisure facilities, certain shops, etc)
- The partner is not allowed to get in contact with you (e.g. by phone, fax, sms, e-mail, letter, etc.)